



Fine Food & Good Ideas

LUNCH MENU

MENU PRICES ARE SUBJECT TO CHANGE DUE TO AVAILABILITY MARKET PRICES.



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LUNCH

BABY BACK RIBS (ribs w/bbq sauce) \$14.99

BROCCOLI RABE (garlic ,cherry tomatoes and olive oil) \$9.99

MEAT LOAF BEEF (bread crumbs ,egg ,milk,peppers ,mushroom,onion,parsley,garlic.) \$14.99

RISO ALLA VALENCIANA (seafood,chorizo,scallion & green peas) \$14.99

LUNCH PANINI

GRILLED CHICKEN CAESAR WRAP (romaine heart lettuce ,caesar dressing ,grated parmesan and croutons) \$8.95

ITALIAN TUNA WRAP (tomato ,balsamic glaze,mix greens ,asparagus & onions) \$9.95

PANINI GRIL CHIX & FONTINA CHEESE (grilled chicken ,lettuce & fontina cheese) \$7.95

PANINI PROSC.MOZZ.PEPPER ROASTED PEPPERS & ARUGULA (ham ,fresh mozzarella ,roasted pepper & arugula) \$7.95

ROASTED VEGGIE WRAP (eggplant ,zucchini,peppers & arugula) \$7.95

TURKEY CLUB WRAP (turkey ,tomatoes,blue cheese dressing ,bacon,romaine lettuce) \$7.95

LUNCH-POPULAR ITEMS

BBQ CHICKEN DRUMS (chicken with bbq sauce) \$11.99

BUFFALO CHICKEN KICKERS BONELESS (white meat chicken w/buffalo sauce spicy) \$13.99

CHEESE CAKE SLICE (cream cheese,sugar ,corn starch ,eggs ,vanilla & heavy cream) \$4.50

CHICKEN CACCIATORE (peppers ,onion ,mushroom,tomato sauce & tomato paste) \$9.99

CHICKEN QUESADILLA (grilled chicken ,peppers,onion,cherry tomatoes,tomato sauce ,asiago fontina ,provolone parmesan cheese) \$8.99

PEPPER STEAK (steak ,bell pepper ,onion,teriyaki sauce & bbq sauce) \$15.99

SALAD

CHICKEN CAESAR SALAD (romaine lettuce ,croutons and grilled chicken breast) \$10.99

SALAD

INSALATA FRUTTA SECCA (mixed greens salad,grapes tomatoes,mixed nuts,dried fruits,red onion & blue cheese) \$10.99

INSALATA TRICOLORE (radicchio,arugula & endive) \$6.99

MESCLUN SALAD (mesclun mixed,sweet grapes,tomatoes ,cucumber & red onion) \$7.99

MESCLUN SALAD WITH MOZZARELLA CILIEGINE (mixed mesclun,sweet grape tomatoes ,cucumber & red onion and mozzarella) \$8.99

SHRIMP CESAR SALAD (romaine lettuce with grilled shrimps croutons & parmesan cheese) \$12.99

SALMON

GRILLED SALMON W.TOMATOES LEEKS, ITALIAN (grilled salmon w/tomatoes leeks & italian parsley) \$29.99

SIDES

GRILLED ASPARAGUS (olive oil,salt & pepper) \$12.99

MASHED POTATOES W/ROASTED (heavy cream ,milk and butter) \$11.99

ORGANIC ROASTED POTATOES W/ HERBS (organic potatoes w/garlic,rosemary and olive oil) \$11.99

ROASTED VEGETABLES (peppers,eggplant ,onion,zucchini ,yellow squash & olive oil) \$9.99

ZUCCHINI NOODLES W/ SHRIMP (butter ,garlic ,parmesan cheese w/vegetable base) \$15.99